

servus

 Omischbar

Infos

WE ARE...

... the green heart of the city. Eat healthy & experience moments of pleasure.
This is exactly what we stand for with our concept. Crunchy salads, fresh juices & smoothies or trendy bowls.
We just love what tastes good and is good for the body. We have been delighting residents and guests of the metropolitan region with our homemade curries & soups since 2007.

Founded by my husband Christoph and me, MISCHBAR continues to grow and change.
With everything new, however, it is important to us: sustainability, offering vegan options, staying colorful & moments of pleasure create.

We invite you to try our diversity and to dare to do something completely new.
Just enjoy a vegan ice cream, drink a green smoothie or try a delicious one Buddah Bowl from our house.

No matter what you do, the main thing is that you enjoy it.

We are happy that you are here!
Betty & Christoph
& the MISCHBAR-Team

CATERING & EVENTS

For us, "enjoyment" and "healthy" also belong together in the catering sector.
Since 2007 we have been accompanying conferences, meetings, weddings and
Celebrations of all kinds with our food and drinks.

In our opinion, the perfect catering has to adapt to the customer again and again,
Surprise positively and of course completely convince visually.
Because we can and love that, we have specialized in it with culinary passion.

Unforgettable moments are waiting for you!

Just write us an email with your wishes to catering@mischbar.net and we will get in touch with you!
Your MISCHBAR-Catering Team

YOU CAN FIND OUR
MONTHLY TICKET HERE.
OTHERWISE ASK PLEASE
OUR WAITERS ACCORDING
TO THE CURRENT MONTH
CARD.

ENJOY YOUR MEAL.

Legend:

vn = vegan

vg = vegetarian

gf = gluten free

Breakfast

Mo-Fr 09:00-11:30 Uhr, Sa+So 9:00-13:30 Uhr

BREAKFAST BOWLS

in a mason jar, each 8,00

GOOD START (vn, gf)

Overnight Oats with blueberry puree, mango, banana & honeydew melon

VANILLA SKY (vg)

Lime-vanilla quark with strawberry puree, crispy muesli, honeydew melon, kiwi & grapes

MORNING ROUTINE (vg, gf)

Overnight Oats with natural yoghurt, agave syrup, peanut butter, banana, pear & grapes

CLASSIC BREAKFAST

With our Classic Breakfast you will receive a mixed bread basket *
and a glass of Secco or orange juice 0,11

MISCHBAR HOME

1 Person 11,00 / 2 Person 20,50

Serrano ham^{1,3}, Italian salami^{1,3}, different types of cheese, homemade basil cream,
Vegetable sticks, fruit salad in a jar & fresh butter

MISCHBAR COUNTRYSIDE (vg)

1 Person 11,00 / 2 Person 20,50

Different types of cheese, homemade basil cream, vegetable sticks, grapes & fresh butter

MISCHBAR VEGAN (vn)

1 Person 11,00

Three kinds of homemade spreads, avocado, fruit salad in a jar,
Vegetable sticks & homemade jam of your choice (strawberry-lime or apricot-mango)

MISCHBAR FRENCHSIDE

1 Person 5,50

French butter croissant with homemade jam of your choice
(Strawberry-lime or apricot-mango) & Fruit salad in a jar

* Gluten-free bread is available for an additional charge of € 2,00

Breakfast

Mo-Fr 09:00-11:30 Uhr, Sa+So 9:00-13:30 Uhr

EGG DISHES

SCRAMBLED OR FRIED EGG BREAD (vg)

2 beaten eggs with fresh stone oven bread & butter

-natur ...6,50

-Avocado & Cherry Tomatoes ...7,50

-Feta & Paprika ...7,50

EXTRAS FOR BREAKFAST

1 boiled egg ...2,00

2 fried eggs / scrambled eggs ...4,00

Extra bread basket ...3,50

Extra jam (strawberry-lime or apricot-mango) ...1,50

Extra Croissant ...2,00

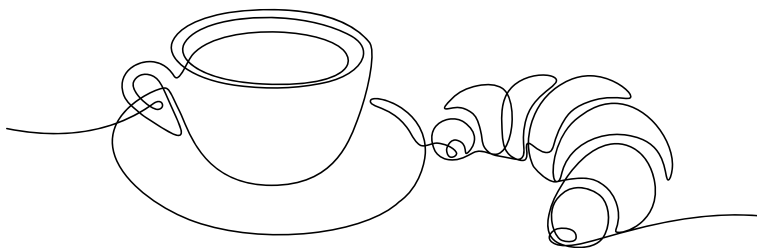
Glass of Secco 0,1l ...2,00

Glass of orange juice 0,1l ...2,00

SANDWICH

AVOCADO BREAD

fresh stone oven bread with butter and avocado ...5,50



Zur Info...

unsere Eier stammen ausschließlich von glücklichen Hühnern :)

Salad

SALAD

With seasonal leaf salads & fresh baguette

MOZZARELLA & TOMATO (vg, gf) ... 10,50

Cherry tomatoes, mozzarella, rocket, grilled zucchini & pesto-balsamic dressing

GRILLED VEGGIE (vn, gf) ... 10,50

Oven vegetables (zucchini, paprika, aubergine), carrots, corn, rocket & pesto-balsamic dressing

GOAT CHEESE & PUMPKIN SEED (vg, gf) ... 11,00

French goat cream cheese, rocket, tomato, cucumber, pumpkin seeds & pumpkin-seed dressing

FETA & GRAPE (vg, gf) ... 11,00

Feta, grapes, cucumber, bell pepper, almond sticks & balsamic-mustard dressing

FALAFEL & SESAME (vn, gf) ... 11,00

Baked falafel, cucumber, bell pepper, grilled zucchini, mint & balsamic-mustard dressing

CHICKEN & AVOCADO (gf) ... 12,00

Grilled chicken breast fillet, avocado, cucumber, tomato, corn, carrot & pumpkin-seed dressing

CHICKEN & EDAMAME (gf) ... 12,00

Grilled chicken breast fillet, cucumber, paprika, edamame, sesame, sprouts & balsamic-mustard dressing

DRESSINGS

Balsamic-mustard-dressing (vn, gf)

Pesto-balsamic-dressing (vn, gf)

Pumpkin-seed-dressing (vg, gf)

Vinegar-oil (vn, gf)

Already knew?

Salad contains more folic acid than other vegetables. That is a vital one Vitamin that the human body does not itself can produce. In addition, the secondary plant substances from lettuce cardiovascular diseases and diabetes.

Buddah Bowls

BOWLS

INDIRA BOWL (vn) ... 10,50

Couscous with turmeric, roasted pepper cream, baked sweet potatoes, Carrot and cashew salad, baby spinach, sugar peas, red cabbage, paprika, lemon, Cucumber, black & white sesame & balsamic-mustard dressing

FRIDA BOWL (vn, gf) ... 10,50

Quinoa, kale patty, pea guacamole, carrot and cashew salad, grilled zucchini, Sweet peas, sprouts, cucumber, cranberries, rocket, pumpkin seeds & balsamic-mustard dressing

MALALA BOWL (vn) ... 10,50

Couscous with turmeric, roasted pepper cream, baked sweet potatoes, baked vegetables (zucchini, paprika, Eggplant), baked falafel, pea guacamole, baby spinach, cherry tomatoes, cucumber, black & white sesame & balsamic-mustard dressing

TRINH BOWL (vg) ... 11,50

Asia noodles with carrots, pak choi & soy-ginger sauce, grilled zucchini, kimchi salad, red cabbage, Edamame, sprouts, cucumber, lime & white sesame

ARETHA BOWL (gf) ... 12,50

Quinoa, grilled chicken breast fillet, avocado, pea guacamole, baked sweet potatoes, Carrot-cashew salad, corn, cucumber, cress, rocket, sunflower seeds & balsamic-mustard dressing

Already knew?

Indira Gandhi - Prime Minister of India from 1966-1977. She was one of the most influential women of her time and cemented the position of women on the subcontinent.

Frida Kahlo - Her own body stood in the way of her life, against whose decay she and not with all her might last defended with her paintings. To this day she is a symbol of feminism.

Malala Yousafzai - She is a child rights activist from Pakistan. On October 10, 2014, she became the youngest ever Nobel Peace Prize laureate.

Trịnh Thị Minh Hà - A theorist who combines post-colonial and feminist studies. Also a music composer and filmmaker.

Aretha Franklin - Known for rousing soul hits like „Respect“ and „A Natural Woman“, she embodies for many the spirit of the civil rights and women’s movements of the 60s and 70s.

Snacks

daily until 5:00 p.m.

SESAM PANINI

Crispy grilled panino with white & black sesame seeds
each 4,50

PESTO & GRILL VEGETABLES (vn)

Grilled antipasti vegetables, vegan basil-rocket pesto & rocket

SERRANO & TOMATO

Spanish Serrano ham^{1,3}, dried tomato spread and cream cheese, tomato & rocket

FLAGUETTES

Crunchy grilled, Mediterranean flat bread
each 5,50

TOMATO & MOZZARELLA (vg)

Mozzarella, tomato, basil cream & rocket

CHICKEN & CURRY

Grilled chicken breast fillet, spicy spread with curry & cream cheese,
red cabbage, cucumber & rocket

WRAPS

2 delicious filled tortilla cakes, toasted on request
each 6,50

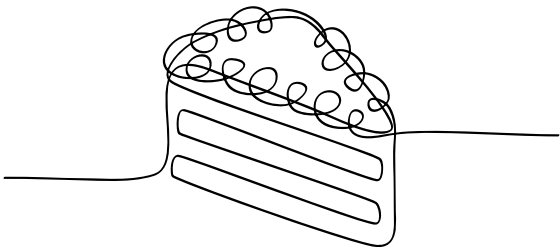
FALAFEL & HUMMUS (vn)

Baked falafel, hummus, pea guacamole, lettuce, cucumber & paprika

CHICKEN & MANGO

Grilled chicken breast strips, spicy spread with curry & cream cheese, salad,
Mango, paprika & almonds

Desserts



CAKE & CO..

- CHOCOLATE-BROWNIE ...3,50
- VEGAN CHOCOLATE-BROWNIE ...3,50
- VEGAN APPLE-NUT CAKE ...4,00
- CHEESCAKE ...4,00
- MOUSSE AU CHOCOLAT CAKE ...4,00

ICE CREAM & CO.

VANILLA PANNA COTTA (vn) ...6,00
With strawberry puree & fresh mango

WARM CHOCOLATE LAVA CAKE ...7,00
Warm chocolate cake with liquid chocolate core &
with 1 scoop of bourbon vanilla ice cream

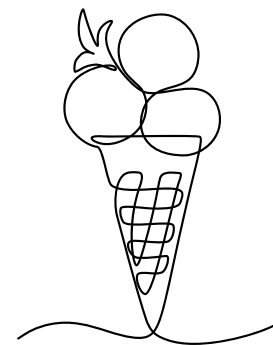
SAISONAL (April - October):

ICE COFFEE CLASSIC ...5,50

ICE CHOCOLATE ...5,50

ICE CUP FLAKES & FRUITS (vn) ...7,00
1 scoop each of mango, cassis & vegan chocolate ice cream, fresh fruit,
crispy whole grain flakes, vegan cream & strawberry sauce

ICE CUP POPCORN-CARAMEL ...7,00
1 scoop each of caramel brownie, chocolate & bourbon vanilla
ice cream, Whipped cream, popcorn & caramel sauce



For Info...

Our ice cream is in ours
in-house ice cream factory
freshly made for you.
Free of artificial additives,
simply 100% natural and delicious!

Hot drinks

On request with oat or soy drink

COFFEE ⁸

ESPRESSO ...2,00

Doppio ...3,00

ESPRESSO MACCHIATO ...2,50

Doppio ...3,50

AMERICANO ...3,50

Large ...4,00

MILK COFFEE ...4,00

CAPPUCCINO ...3,50

Large ...4,00

LATTE MACCHIATO ...4,00

CHAI & CHOCOLATE

HOT CHOCOLATE ...4,00

Classic or Caramel

CHAI LATTE ...4,00

Classic ⁶, Vanilla ⁶, Sugar Free ⁴

GLASS OF MILCH 0,5l ...3,00

TEA

CLASSIC ...3,00

Darjeeling, Roiboos Vanilla, Green Tea,
Summerfruits, Herbs & Honey, Peppermint

WELLNESS ...3,00

Balance (Apple & citrus fruit),
Energy (Hibiscus, blackberry & cherries),
Relax (Orange & Roiboos)

FRESH MINT TEA ...4,00

FRESH GINGER TEA ...4,00

With agave syrup

Juices & smoothies

Freshly pressed & freshly mixed

JUICES

0,3l each 4,50 / 0,4l each 5,00

EYE OPENER

Apple, lemon, ginger & cinnamon

SPRING BREAK

Orange, apple & strawberry

CARROT KICK

Carrot, apple, ginger & olive oil

LIME BOOST

Lime, strawberry & apple

SMOOTHIES

0,3l each 4,50 / 0,4l each 5,00

LIQUID SUNSHINE

Orange, pineapple & mango

PALM BERRY

Strawberry, Banana & Apple

STRAWBERRY FIELDS

Yogurt, banana, strawberry & apple juice

MANGO MANIA

Yogurt, Mango & Mango Nectar

SUPERFOOD SMOOTHIES

0,4l each 5,50

GREEN DETOX

Wheatgrass, spinach, kiwi, mint, apple, orange, lettuce & water

IMMUNBOOST

Açaí, ginger, apple, strawberry & water

LOVE YOU SOY MATCHA

Banana, spinach, soy milk, agave syrup & matcha

Ginger shot from GIMBER
20ml Premium
Ginger essence ...3,00

Beverages

WATER

TEINACHER GOURMET STILL

0,25l ...3,00

0,75l ...5,50

TEINACHER GOURMET LIVELY

0,25l ...3,00

0,75l ...5,50

WITH BUBBLE

0,3l each 4,00 / 0,4l each 4,50

APPLE NATURALLY CLOUDY

MANGO

ORANGE

MARACUJA

BLACK CURRANT

RHUBARB

HOMEMADE LIMO

0,4l each 5,00

RASPBERRY & LEMON

LIME & MINT

GINGER & ORANGE (WITH GINGER ESSENCE)

DRINKS IN THE BOTTLE

fritz-kola 0,2l ...3,50

fritz kola^{1,4}, fritz-kola sugar-free^{1,2,4},
mischmasch^{3,4}

fritz-kola 0,3l ...4,00

fritz-kola bio¹, fritz-kola zero sugar (with guarana)

fritz-mate^{1,4,5} 0,3l ...4,00

fritz-limo 0,2l ...3,50

lemon⁵, honeydew melon or apple-cherry-elder

ANJOLA 0,2l ...3,50

Organic pineapple lime lemonade

RICHARD'S SUN ICED TEA 0,33l ...4,00

Lemon, peach, açai lime, blueberry

Beer

BEER 0,5l

LIGHT FROM GRÜNER 0,5l ...3,80

NATURAL CYCLIST FROM GRÜNER 0,5l ...3,80

NUREMBERG ROT BEER FROM TUCHER 0,5l ...3,80

LIGHT YEAST WHEAT / NON ALCOHOLIC FROM TUCHER 0,5l ...3,80

WHITE WINE

0,2l / 0,75l

CUVÉE WHITE-VIOGNIER⁷ - ARROGANT FROG ...6,00 / 20,00

LUGANA - COLLI VAIBO⁷ ...7,00 / 23,00

CHARDONNAY - GEIL'S⁷ ...7,00 / 23,00

SILVANER ETHOS KLASSIK - MEIER-SCHMIDT ...7,00 / 23,00

RED WINE & ROSÉ WINE

0,2l / 0,75l

CUVÉE ROSÉ⁷ - ARROGANT FROG ...6,00 / 20,00

PRIMITIVO - BAROCCO (RED) ...7,00 / 23,00

BEER 0,33l

ZIRNI LANDBIER 0,3l ...3,50

LEATHER PILS 0,3l ...3,50

JEVER FUN ALCOHOL-FREE 0,3l ...3,50

DESPERADOS 0,3l ...4,00

Wine

Drinks

APERITIVI

each 6,50

MISCHBAR SPRIZZ

Secco⁷, Martini Fiero , sparkling water & orange

MISCHBAR WILDBERRY

Martini Fiero, Schweppes Wild Berry¹, berries, lime & mint

MISCHBAR ROSÉ FRIZZANTE

Rosé Frizzante Colli Vicentini, Ice, wild berries

CLASSICS

Je 9,00

CAIPIRINHA

4cl Cachaça, lime & brown sugar

MOJITO

4 cl Barcardi Carta Blanca, Limetten, Brauner Zucker, Minzblätter, Soda

RAZZ BERRY MOJITO

4 cl Barcardi Razz, limes, brown sugar, mixed berries, mint leaves, soda

CUBA LIBRE

5 cl Barcardi Carta Negra, lime & Cola

VODKA LEMON

4 cl Eristoff Vodka, Bitter Lemon

VODKA BULL

4 cl Eristoff Vodka, Red Bull

TEQUILA SUNRISE

4 cl Tequila Cazadores, orange juice, 1cl Grenadine

LONDON /MOSCOW MULE

5 cl Bombay Dry Gin, lime juice, Schweppes Ginger Beer & lime /
5 cl Eristoff Vodka, lime juice, Schweppes Ginger Beer & cucumber

JACKY COLA

4 cl Jack Daniels, Coke
- 5cl Brockman's, Fever Tree Mediterranean Tonic^{3,5} & orange ...+1,50

STRONGS

Je 11,00

MAI TAI

6 cl Barcardi Carta Blanca, 2 cl Triple Sec, passion fruit juice, lime juice & almond syrup

TOUCH DOWN

4 cl Eristoff Vodka, 2 cl Apricot Brandy, passion fruit juice & Grenadine

LONG ISLAND ICETEAM

2 cl Tequila Cazadores, 2 cl Barcardi Carta Blanca, 2 cl Eristoff Vodka,
2 cl Bombay Dry Gin, 2 cl Triple Sec & Cola

SHOTS

2cl je 3,00 / 4cl je 5,00

TEQUILA (SILVER/GOLD)

PORNSTAR

see you

MISCHBAR:

Plobenhofstr. 1 / Hauptmarkt 2
90403 Nürnberg
TEL: 0911/24038777
info@mischbar.net
www.mischbar.com

Additives:

- 1 * WITH PRESERVATIVES
- 2 * WITH DYE
- 3 * WITH AN TIOXIDIZING AGENT
- 4 * WITH SWEETENER SUCRALOSE
- 5 * CONTAINING CHININE
- 6 * WITH PHOSPHATE
- 7 * SULFURIZED
- 8 * CAFFEINE

Additives fritz:

- 1 * CAFFEINE,
INCREASED CAFFE CONTENT (25MG / 100ML)
- 2 * WITH SWEETENERS
(CONTAINS PHENYLALANINE)
- 3 * CAFFEINE
- 4 * WITH DYE
- 5 * WITH ANTIOXIDANT
- 6 * WITH SWEETENERS
- a * BARLEY MALT EXTRACT GLUTEN-FREE

 **mischbar**